

COTAPSA Meetings and Events
2017-2018

Confirmed Bookings

November

Tuesday (14th) – Retirement 101 with Grace Ciardullo
City Hall – Committee Room #2
(Up to 100 people)

December

Friday (Dec 1st) – Lunch session with Lawyer James A. LeNoury
City Hall – Council Chambers
(up to 100 people)

Tuesday (12th) – Mindfulness with Tristan Downe-Dewdney
City Hall – Meeting Room C
(up to 30 people)

Bookings Not Confirmed (City Hall)

**All Executive Meetings are confirmed*

January

Wednesday (10th) – Executive Meeting
12:00pm – 2pm

Wednesday (17th) – AGM
11:30am – 2pm
(up to 100 people)

Wednesday (24th) – Board Meeting
11:30am – 2pm
(up to 15 people)

February

Wednesday (7th) – Executive Meeting
12:00pm – 2pm

Wednesday (14th) – Board Meeting
11:30am – 2pm
(up to 15 people)

Tuesday (20th) – Retirement 101
12:00pm – 1pm
(up to 100 people)

Wednesday (28th) – *OMERS*
12:00pm – 1pm
(up to 50 people)

March

Tuesday (6th) – Mindfulness
12:00pm – 1pm
(up to 30 people)

Wednesday (7th) – Executive Meeting
12:00pm – 2pm

Thursday (8th) – Halley Georgas
12:00pm – 1pm
(up to 50 people)

Wednesday (14th) – Board Meeting
11:30am – 2pm
(up to 15 people)

Tuesday (20th) – Coping in Retirement
12:00pm – 1pm
(up to 50 people)

April

Tuesday (3rd) – Ask a Lawyer
12:00pm – 1pm
(up to 100 people)

Wednesday (11th) – Executive Meeting
12:00pm – 2pm

Wednesday (18th) – Board Meeting
11:30am – 2pm
(up to 15 people)

Thursday (26th) – *Volunteerism*
12:00pm – 1pm
(up to 100 people)

May

Thursday (3rd) – Mindfulness
12:00pm – 1pm
(up to 30 people)

Wednesday (9th) – Executive Meeting
12:00pm – 2pm

Wednesday (16th) – Board Meeting
11:30am – 2pm
(up to 15 people)

June

Wednesday (6th) – Executive Meeting
12:00pm – 2pm

Wednesday (13th) – Board Meeting
11:30am – 2pm
(up to 15 people)

July

Tuesday (17th) – Healthy Bodies with Aleks Thornton
12:00pm – 1pm
(up to 30 people)

September

Wednesday (5th) – Executive Meeting
12:00pm – 2pm

Wednesday (12th) – *Board Meeting*
11:30am – 2pm
(up to 15 people)

Tuesday (13th) – COTAPSAcares Yoga for United Way
OR Wednesday (19th)
OR Thursday (20th)
(Nathan Philips Square)

Thursday (27th) – Mindfulness
12:00pm – 1pm
(up to 30 people)

October

Wednesday (10th) – Executive Meeting
12:00pm – 2pm

Wednesday (17th) – Board Meeting
11:30am – 2pm
(up to 15 people)

Tuesday (30th) – Retirement 101
12:00pm – 1pm
(up to 100 people)

November

Tuesday (6th) – Halley Georgas
12:00pm – 1pm
(up to 50 people)

Wednesday (7th) – Executive Meeting
12:00pm – 2pm

Wednesday (14th) – Board Meeting
11:30am – 2pm
(up to 15 people)

Wednesday (28th) – OMERS
12:00pm – 1pm
(up to 50 people)

December

Monday (3rd) – James A. LeNoury
12:00pm – 1pm
(up to 100 people)

Wednesday (5th) – Executive Meeting
12:00pm – 2pm

Wednesday (12th) – Board Meeting
11:30am – 2pm
(up to 15 people)